

Outstanding Youth Philanthropist

Ava James-Sidoli

Nominated by the [Ottawa Food Bank](#)

Ava James-Sidoli is a 14-year-old from Ottawa. She is an aspiring humanitarian with big dreams of becoming a fashion model so she can have the ability to make a difference in our community. Currently, Ava is a grade nine student at Holy Trinity Catholic School.

Ava and her mom have been fundraising for the Ottawa Food Bank since she was five years old. In 2019, they decided to begin a social media campaign. Little did she know the impact and support our community would provide their campaign. Ava's dedication helped to raise \$5000 and two thousand pounds of food for the Ottawa Food Bank and local families.

She had no idea that in just eight months, she could accomplish so much. She stands behind her motto, "It Only Takes One". Someone once told Ava "Helping one person might not change the whole world just yet, but it could change the world for one person." That has had a deep impact on her.

Ava's hope is that one child, teenager, or even adult who sees her story will realize that a little bit of heart, determination, and motivation can make a difference.



Ottawa Food Bank
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